

## Rainbow Day Care

### Menu for the Week of 1/26-30/2009

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	-Cheerios - Bananas -Milk	-French Toast -Bananas -Milk	- Blueberry Muffins -Applesauce -Milk	- Pancakes - Bananas -Milk	-Cinnamon Toast -Apples -Milk
Snack	-Pretzels -Apple Juice	-Cinnamon Quesadillas -Apple Juice	-Cheetz-its -Apple Juice	-Peanut butter -Wheat Crackers	-Wheat-thins -Apple Juice
Lunch	-Bean/Cheese Burritos Corn Apples Milk	Spaghetti/ Chicken Peas Grapes Milk	-Macaroni/cheese -Green beans -Pears -Milk	-Chicken stew -Mixed Veggies -Potatoes -Oranges -Milk	-Tuna Melts -Applesauce -Carrots -Milk
Snack	-Animal Crackers Milk	-Graham Crackers - Milk	-Fig Newton -Milk	-Oatmeal Cookies -Milk	Trail Mix Milk

## Menu for the Week of 2/2-6/2009

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Bananas Milk	English Muffins Applesauce Milk	Waffles Bananas Milk	Banana Muffins Apples Milk	Oatmeal Applesauce Milk
Snack	Crackers/cream cheese Water	Wheat Thins Apple juice	Pretzels Apple Slices	Peanut Butter & Wheat Crackers	Cheetz-its Apple Juice
Lunch	Turkey/cheese Sandwich Corn Applesauce Milk	Chicken/Rice Broccoli Pears Milk	Turkey Meatloaf Green Beans Mashed Potatoes Apples Milk	Turkey Parmesan Wheat bread Grapes Peas Milk	PB & Jelly Sandwich -Apples -Mixed veggies -Milk
Snack	Animal Crackers Milk	Oatmeal Cookies Milk	Graham Crackers Milk	Fig Newton Milk	Trail Mix Juice